

Tostadas



Ingredients:

- 10 Corn Tortillas
- 1 can of refried Beans
- 1 lb of ground Beef
- Salt, Pepper, Cumin, Paprika, and Oregano to season the Meat
- ¼ Onion, diced
- 1 Tomato, diced
- ½ head of Lettuce, finely chopped
- Queso Fresco or another Cheese
- Mexican Crema
- Salsa Verde
- ½ cup Canola oil for frying tortillas

Instructions:

- Fry the tortillas in oil, or buy store-bought tostadas.
- Cook the ground beef with the onion, tomato, and seasonings.
- Heat the refried beans.
- Form the tostadas by spreading refried beans on the fried tortilla, and then add the ground beef, lettuce, cheese, salsa verde, and Mexican crema.