Sautéed Veal with Lump Crabmeat and Asparagus

Sauce:

Chicken stock	1 cup	
White wine	½ cup	
Tarragon vinegar	1⁄4 cup	
Tarragon, fresh	1 bunch	
Shallots, minced	¼ cup	
Worcestershire sauce	1 tsp	
Black pepper	1 tbsp	
Bay leaf	2	
Veloute	5 cup	
Glace de Viande	½ cup	
Heavy cream	¼ cup	
Veal loin, medallions	4½ pounds	
Flour, as needed	¾ cup	
Butter	¾ stick	
Crabmeat, lump, picked and heater	d slightly	1 lb
Asparagus, blanched	2 1⁄2 lbs	

- 1. Make a reduction of the chicken stock, wine, vinegar, tarragon, shallots, Worcestershire, pepper and bay leaf.
- 2. Add the Veloute, cream, and Glace de Viande to the reduction. (*Wayne will provide to this point*). Bring to a boil and let it reduce slightly. Keep warm.
- 3. Cut the veal into medallions (2 ounces) each, shape lightly and season.
- 4. Dust the medallions in flour, shaking away any excess.
- 5. Heat the butter in a sauté pan; add the veal, and sauté on both sides until just cooked through (golden).
- 6. Snap asparagus and blanch.
- 7. Fan the asparagus on plates and mound the crabmeat at the base of the asparagus. Place the sautéed veal on top of the asparagus and lightly coat with sauce.