Churros con Cajeta

Makes about 20

Ingredients:

Canola oil for frying, plus ¼ cup 1 cup sugar, plus ¼ cup 1 tbsp ground cinnamon, plus ½ tsp 3 cups water 3 tsp vanilla extract 1½ tsp kosher or coarse sea salt 3 cups all-purpose flour

<u>Cajeta or dulce de leche</u> (optional dipping sauce)

Preparation:

In a large, heavy and extended casserole, or cast iron, high-sided skillet, heat about 1½" of canola oil over medium heat until the oil temperature reaches 350 degrees (or test with a piece of tortilla or bread; it's ready when the oil bubbles actively all around it). It will take awhile to heat, so get this started before making the dough. On a large plate, combine 1 cup sugar and 1 tbsp ground cinnamon and set aside. In a medium saucepan, combine the water, ¼ cup oil, vanilla extract, ¼ cup sugar, ¾ tsp cinnamon and ¼ teaspoon salt and bring to a boil over medium-high heat. Add the flour all at once, turn off the heat and use a wooden spoon to stir vigorously until the mixture forms a dough as smooth as possible with no flour lumps. It will take about 2 minutes. Set aside to cool slightly. Transfer to churro press. Pipe the dough into about 6 to 8-inch pieces and carefully place in oil. Fry for about 3 to 4 minutes, until golden and crisp, flipping in between. Use tongs to remove them and place on a paper towel lined baking sheet or drying rack. While the churros are still very hot, toss them in the sugar and cinnamon mixture to coat.

Serve with cajeta as a dipping sauce.