Homemade Dark German Rye Bread



Ingredients:

3 cups all-purpose Flour

1/4 cup unsweetened Cocoa Powder

2 (¼ oz) packages active dry Yeast

1 tbsp Caraway Seed

1 tbsp Salt

1/₃ cup Molasses

2 tbsp Butter

1 tbsp Sugar

3 ½ cups Rye Flour

Cooking Oil

2 cups Water

Directions:

In large bowl, combine flour, salt, cocoa, yeast, and caraway seed.

Heat and stir molasses, butter, sugar, 2 cups water and 2 tbsp oil until warm (about 110°-115°F).

Add to dry mixture.

Beat at low speed on electric mixer ½ min, scraping bowl.

Beat 3 min at high speed.

Then by hand, stir in enough rye flour to make a soft dough.

Turn out onto lightly floured surface; knead till smooth (about 5 minutes).

Cover, and let rest 20 minutes.

Punch down dough.

Divide in half.

Shape into 2 round or oval loaves on greased baking sheets.

Brush with small amount of cooking oil.

Slash tops with knife.

Cover; let rise until double (45-60 minutes).

Bake at 400° degrees for 25-30 minutes.

Remove from baking sheets, place on racks to cool.