Chicken & Prosciutto Tortellini Soup

(Zuppa di tortellini di pollo e prosciutto)



Ingredients:

Onion, diced - 1 med
Red Bell Pepper, diced – 1 med
Celery, diced – 2 stalks
Sea Salt & Freshly cracked Pepper
Olive Oil - 1 tbsp
Italian Seasoning – 1 tsp
Roma Tomatoes, diced – 5 med
Garlic, smashed – 1 lg
Chicken Broth - 1.5 quarts
Chicken & Prosciutto Tortellini – 1 (9 oz) package
Fresh Baby Spinach – 1 (6 oz) package

Directions:

Sauté onions, peppers, and celery in olive oil oven over medium-high heat 3 minutes.

Add the tomatoes, garlic and Italian seasoning, and sauté 1 minute. Don't burn the garlic!

Add the chicken broth, increase heat to high; bring to a boil.

Stir in tortellini, and return to a boil.

Reduce heat to low, and simmer 8 minutes or until tortellini are tender.

Remove from heat, and stir in the picked-over and de-stemmed spinach.