

Italian Green Beans

Ingredients

- 4 tbsp salted Butter or EVO Oil
- 1 tsp minced Garlic
- 2 tsp Italian seasoning
- 1 cup Bread Crumbs
- 1 cup Parmesan Cheese
- 32 oz frozen Green Beans
- Salt and ground Black Pepper to taste

Directions:

In a frying pan, melt the butter over medium heat.
Add the minced garlic, Italian seasoning, bread crumbs and parmesan cheese.
Stir to coat & sauté over medium heat until the bread crumbs start to brown, 3-4 min.
While the bread crumbs are sautéing, cook the green beans, either in a Ziploc Zip 'n
Steam bag (according to package directions) or in a pot of water.
Add the cooked green beans to the frying pan and stir to coat.
Season with salt and pepper to taste and serve hot.