

## Italian Green Beans

### Ingredients

4 tbsp salted Butter or EVO Oil  
1 tsp minced Garlic  
2 tsp Italian seasoning  
1 cup Bread Crumbs  
1 cup Parmesan Cheese  
32 oz frozen Green Beans  
Salt and ground Black Pepper to taste

### Directions:

In a frying pan, melt the butter over medium heat.  
Add the minced garlic, Italian seasoning, bread crumbs and parmesan cheese.  
Stir to coat & sauté over medium heat until the bread crumbs start to brown, 3-4 min.  
While the bread crumbs are sautéing, cook the green beans, either in a Ziploc Zip 'n Steam bag (according to package directions) or in a pot of water.  
Add the cooked green beans to the frying pan and stir to coat.  
Season with salt and pepper to taste and serve hot.